

# SCHOOL TERM RULES

## THE BASICS TO DO EVERY MORNING:

- Make your bed
- Eat breakfast (and put dishes in the dishwasher/kitchen)
- Get dressed (and put the clothes you removed in the laundry)
- Brush your teeth

## ESSENTIAL ACTIVITIES:

This may vary depending on after school activities

- Homework
- Read
- Play Outside

## HELPFUL ACTIVITIES:

May be quick or slow depending on your effort

- Clean Up a Room (put away toys/clothes properly)
- Help mum/dad (ask if you can't think of anything to do)

## FUN CREATIVE ACTIVITIES:

- Draw, Colour In or Write me a Story
- Make or Build something Creative with Lego, Play a Board/Card Game

**IF YOU HAVE DONE ALL OF THE HOMEWORK, READING & PLAYING AFTER SCHOOL YOU MAY WATCH TV OR PLAY ON AN ELECTRONIC DEVICE.**

For an hour or so, then you will need to do more activities to earn more screen time.

**IF YOU COMPLAIN ABOUT BEING BORED OR HAVING NOTHING TO DO, YOU WILL BE GIVEN SOME CLEANING TO DO**

# SCHOOL HOLIDAY RULES

## THE BASICS TO DO EVERY MORNING:

- Make your bed
- Eat breakfast (and put dishes in the dishwasher/kitchen)
- Get dressed (and put the clothes you removed in the laundry)
- Brush your teeth

## ESSENTIAL ACTIVITIES:

Each activity needs to be done for at least 30 minutes

- Read
- Draw, Colour In or Write me a Story
- Play Outside
- Make or Build something Creative with Lego
- Play a Board or Card Game

## HELPFUL ACTIVITIES:

May be quick or slow depending on your effort

- Clean Up a Room (put away toys/clothes properly)
- Help mum/dad (ask if you can't think of anything to do)

**IF YOU HAVE DONE ALL OF THE ABOVE BASICS & ACTIVITIES, THEN YOU MAY WATCH TV OR PLAY ON AN ELECTRONIC DEVICE.**

For an hour or so, then you will need to do more activities to earn more screen time.

**IF YOU COMPLAIN ABOUT BEING BORED OR HAVING NOTHING TO DO, YOU WILL BE GIVEN SOME CLEANING TO DO**